

Clinical Supervision Services

‘Critical reflection, continuous learning’

What is Clinical Supervision?

Supervision is a form of “extra-vision”. It is a collaborative working alliance between two (or more) professionals conducted in a safe and supportive environment that allows the practitioner to offer an account of their work; reflect on it; and receive constructive feedback in order to identify their professional development needs; as well as ensure quality of service to clients and compliance with professional standards, organisational policies and procedures.

Do I need Clinical Supervision?

Supervision is a mandatory requirement for psychologists, social workers and counsellors to obtain accreditation and maintain professional registration and memberships with AHPRA, APS, ACA, PACFA and AASW.

What are the benefits of Clinical Supervision?

Are you qualified and working with clients?

Supervision provides you with:

- The choice to select a supervisor who best meets your professional development needs
- An objective and supportive space in which to reflect on, and critique your practice, with the view to increasing your competence and confidence
- Interventions tailored to your stage of development and experience
- Resources to extend your therapeutic toolkit
- An independent support person when managing difficulties within the workplace

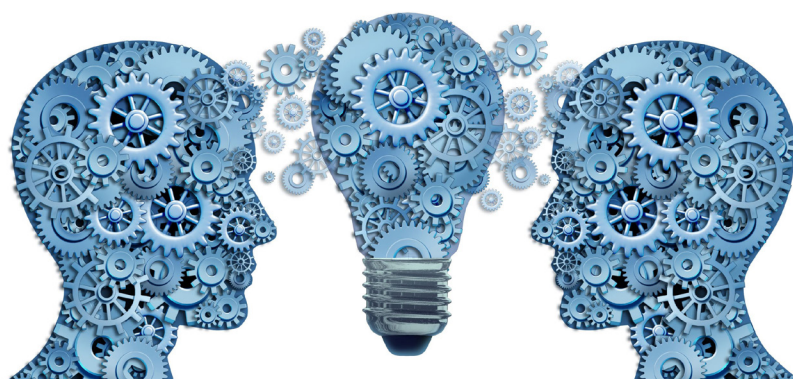
Are you a changing career or getting ready to graduate?

Supervision supports you to:

- Navigate the industry of your choice
- Identify employment positions relevant to your stage of development and experience
- Learn how to use terminology that is job specific to demonstrate your competence in employment applications
- Enhance your practice skills through role play and/or observation
- Have a current professional referee

What are my supervision options?

- Individual sessions held onsite at your workplace
- Individual sessions held at the Professional Supervision and Coaching Centre (PS&CC)
- Skype or telephone sessions
- Facilitated peer supervision
- Group supervision at your workplace and/or at the PS&CC



Who are the supervisors?

The Professional Supervision and Coaching Centre supervisors have extensive clinical practice and are accredited supervisors with the AHPRA, APS, AASW, ACA and PACFA. For a detailed overview of the supervisors areas of expertise see superviseme.com.au

How do I get started?

The first session is free of charge. It is a half hour consultation which provides you with the opportunity to inform us about your professional development needs; and allows us to provide you with an overview of the supervision approach and models that inform our practice. The aim of the session is to establish in collaboration with you, which supervisor or supervision option is the best fit.

What does it cost?

Our fees are based on the AASW and APS recommended fee schedule for supervision services. We offer reduced rates for students and practitioners working part-time.

Call (03) 9999 7482 or email info@superviseme.com.au to make an appointment.